When Long Noncoding Becomes Protein Coding

Corrine Corrina R. Hartford,a Ashish Lal

aRegulatory RNAs and Cancer Section, Genetics Branch, Center for Cancer Research, National Cancer Institute, National Institutes of Health, Bethesda, Maryland, USA

ABSTRACT Recent advancements in genetic and proteomic technologies have revealed that more of the genome encodes proteins than originally thought possible. Specifically, some putative long noncoding RNAs (lncRNAs) have been misannotated as noncoding. Numerous lncRNAs have been found to contain short open reading frames (sORFs) which have been overlooked because of their small size. Many of these sORFs encode small proteins or micropeptides with fundamental biological importance. These micropeptides can aid in diverse processes, including cell division, transcription regulation, and cell signaling. Here we discuss strategies for establishing the coding potential of putative lncRNAs and describe various functions of known micropeptides.

KEYWORDS lncRNA, mRNA, circRNA, coding potential, micropeptides

The human genome harbors protein-coding and noncoding regions, with less than 2% annotated as protein coding (1). New advancements in genetic and proteomic technologies have allowed for the genome, its transcripts, and corollary proteins to be studied more extensively. Recent findings now suggest that the division between coding and noncoding transcripts may not be so clearly defined (2-4). Typically, translation of a protein begins with the start codon within an mRNA’s open reading frame (ORF). Traditionally, an ORF contains codons for at least 100 amino acids in eukaryotes or 50 amino acids in bacteria (5) and ends with a stop codon that causes the ribosome to disassemble and terminate protein synthesis (6). However, these arbitrary criteria of what makes a transcript protein coding have led to the misannotation of many putative noncoding RNAs (ncRNAs) that contain ORFs smaller than the traditional cutoff; there is growing evidence that some putative ncRNAs encode small proteins, or micropeptides (7-29).

One subclass of putative ncRNAs with an increasing number of transcripts misannotated as noncoding are long noncoding RNAs (lncRNAs). lncRNAs are longer than 200 nucleotides (nt) (30), and like mRNAs, they are transcribed by RNA polymerase II (RNAPII) and often undergo 5’ capping, polyadenylation, and splicing (31, 32). The subcellular localization of an lncRNA determines its function. Generally, lncRNAs are localized in the nucleus and/or cytoplasm (33). lncRNAs retained in the nucleus can, directly or indirectly, control transcription (e.g., chromatin remodeling or functioning as enhancer RNA), regulate pre-mRNA splicing, and act as scaffolds for the formation of protein complexes and subnuclear domains (34). Some lncRNA transcripts which localize to the cytoplasm can be potentially translated into micropeptides (35). Many of these lncRNA-encoded micropeptides have been shown to perform vital biological functions within organisms ranging from bacteria to flies to humans. In this review, we describe the various techniques and strategies used to study the coding potential of lncRNAs, the challenges to these approaches, and examples of putative lncRNAs that code for endogenous micropeptides.

TECHNIQUES FOR STUDYING TRANSLATION OF PUTATIVE lncRNAs

In this section, we discuss techniques that are used to determine if a putative lncRNA can be translated. It should be noted that evidence supporting translation of a
putative lncRNA does not necessarily mean that the expressed micropeptide has a function.

Ribosome profiling. Recent experimental approaches have been designed to identify small ORFs (sORFs) that have the potential to be translated. One such approach is ribosome profiling, a technique that relies on the fundamental principle that actively translating ribosomes can protect ~30-nt-long segments of RNA from nuclease digestion (4). These ribosome-protected fragments, or “ribosome footprints,” can be used to study translational activity as well as changes in translation in response to environmental stress (4). Using this technology, many putative lncRNAs have been shown to be potentially translated (36). Additionally, this technique has shown that translation, especially in upstream ORFs, can be initiated at alternative initiation start sites (36). Lee et al. improved the ribosome profiling technique to distinguish between ribosome initiation and elongation by using global translation initiation sequencing (GTI-Seq) and also found alternative translation initiation start sites (2). However, even though an lncRNA may associate with ribosomes, it does not necessarily mean that the transcript is being actively translated into a protein (6). For example, the H19 mouse transcript is associated with polysomes, yet it is a bona fide ncRNA that regulates insulin-like growth factor 2 mRNAs (36, 37). Therefore, ribosome occupancy cannot be the only tool used to determine if an lncRNA is protein coding.

To combat this, more recent tools like RibORF, a support vector machine classifier, have been trained to distinguish in-frame ORFs from overlapping ORFs as well as RNA that is not associated with ribosomes (35). Additional metrics, like the ribosome release score (RRS), have also been designed to differentiate between coding and noncoding transcripts. This metric is based on the fundamental principle that protein-coding transcripts will be released from the ribosome when a stop codon is reached. This process should not occur for noncoding transcripts, so they are not detected by this metric (6). Using this technique, Guttman et al. argued that large lncRNAs are not protein coding (6). However, more recent methods that use the entire 3′ untranslated region (UTR) for both coding and noncoding transcripts are more accurate in determining the RRS for coding transcripts (6, 38). Using the new technique, Popa et al. found that over one-third of lncRNAs in murine embryonic stem (ES) cells could be translated (38).

To further improve upon prior methods of sORF detection, Aspden et al. developed Poly-Ribo-Seq (39). This technique is based on the ability of multiple ribosomes to bind to the same RNA transcript during translation and form polysomes. Poly-Ribo-Seq enriches for small polysomes, which are more likely to form during sORF translation than the translation of longer, canonical mRNAs (39). Using Poly-Ribo-Seq, Aspden et al. identified two classes of sORFs (39). The first category includes sORFs which code for functional micropeptides at least 80 amino acids in length, are translated as frequently as transcripts from larger ORFs, and are well conserved between species. The second group encompasses sORFs which are much smaller and code for micropeptides around 20 amino acids long. This group neither is translated into micropeptides as frequently as larger sORFs nor is well conserved between species. Consequently, studying the translational abilities of lncRNAs can be challenging; however, proteomics-based technology has helped overcome some of the obstacles in predicting if an lncRNA encodes a micropeptide.

Mass spectrometry, proteomics, and proteogenomics. Mass spectrometry (MS)-based proteomics is the gold standard for protein detection. This technique measures the mass-to-charge ratio of ionized peptides or proteins in a gaseous state, thus allowing for the study of protein expression and interactions (40). More recently, MS has been used to validate the presence of micropeptides encoded by putative lncRNAs, thus providing strong evidence as to whether a sORF codes for a micropeptide.

To provide a more robust approach to the study of micropeptides, MS proteomics is frequently used in tandem with genomic analysis such as transcriptome sequencing (RNA-Seq). Proteogenomic approaches help identify uncharacterized novel micropep-
tides. Bánfai et al. used tandem mass spectrometry (MS/MS) and RNA-Seq to determine
which lncRNAs in ENCODE are translated into micropeptides (41). They compared
MS/MS data with poly(A)⁺ and poly(A)⁻ RNA-Seq data from ENCODE for the human cell
lines K562 and GM12878 to measure transcript abundance for the genes in GENCODE
v7 (41). A random forest model, RuleFit3, was used to compare RNA expression with
translated peptides to predict translation (41). This machine-learning technique rarely
predicted an lncRNA as protein coding (41). However, the smallest ORF in their data set
corresponded to 23 amino acids, and this minimum length may have influenced their
results (41). Ji et al. showed that only ~40% of lncRNA-encoded micropeptides are
longer than 10 amino acids (35). Consequently, many micropeptides were likely over-
looked by Bánfai et al. (35, 41). In a proteogenomics study, Slavoff et al. were able to
discover previously unidentified micropeptides encoded by sORFs (24). They created a
custom database that included all potential polypeptides greater than 8 amino acids
from the human genome (RefSeq), the Sequest database (which is a database of
peptides with MS/MS spectra), and liquid chromatography and tandem mass spectros-
copy (LC-MS/MS) (24). Using this approach, they discovered 86 previously unchar-
acterized micropeptides in K562 cells (24). Overall, this technique has been effective
at discovering novel micropeptides through the combination of proteomics and
genomics.

Typical MS analysis is performed using a reference database of peptide sequences.
This approach limits the ability of the technique to predict novel peptides. To combat
this, Karunratanakul et al. developed SMSNet, a de novo peptide sequencing method
that utilizes deep learning algorithms to predict a peptide sequence from an MS
spectrum (42). Using this SMSNet framework, they were able to identify over 10,000
uncharacterized human leukocyte antigens and 4,000 novel phosphopeptides (42). This
de novo approach has the potential to be used in the discovery of novel micropeptides
that are overlooked by reference databases.

Despite these advancements, there are some weaknesses in MS-based proteomics.
For example, extraordinarily small micropeptides are nearly impossible to detect by MS
(43), likely because small peptides can be lost in the sample preparation process.
Additionally, the digestion protease used during sample preparation largely determines
how a micropeptide will be fragmented (44). If the fragments after digestion of the
micropeptide are too small, they may not produce a large enough signal (44), making
it difficult to distinguish noise from small peptides (43). Conversely, if the fragments
after digestion of the micropeptide are larger than a few kilodaltons, then they likely
cannot be analyzed. Additionally, when micropeptide concentrations are low, compe-
tition between other peptides can make it impossible for MS spectra to be produced
for some small peptides (43).

Overall, MS is an extremely powerful tool that allows for the discovery and verifi-
cation of an endogenously expressed micropeptide. The evidence of a micropeptide on
the spectra strongly supports the presence of the micropeptide. However, if a micro-
peptide does not appear in the MS spectra, it is not definitive that the micropeptide is
not present in the cell. Further analysis that combines proteogenomics and in vitro
assay techniques is required to analyze the presence of the micropeptide.

Validation of sORF translation. A common way to determine if a sORF is translated
into a micropeptide is by in vitro translation. Using this technique, the double-stranded
cDNA encoding the micropeptide is inserted into a vector which includes a phage
polymerase promoter (44). The construct is then expressed in cell extracts with the
[³⁵S]methionine radioisotope, which allows for the peptide to be visualized via gel
electrophoresis and autoradiography (44). Although this technique provides evidence
that a sORF can be translated into a micropeptide in vitro, additional experiments are
required to establish the expression of the micropeptide in a given cell.

To better understand if an endogenous micropeptide is expressed in a given cell, an
antibody against the peptide of interest can be generated. The antibody can be a very
effective tool for identifying the presence of a micropeptide because it allows for the
study of its natural contexts. Once the antibody is generated, it is important to verify that it is specific to the desired micropeptide. To do this, the gene encoding the micropeptide can be silenced using small interfering RNAs (siRNAs), and Western blotting can be performed to make sure that the antibody is specific to the micropeptide. Overexpression of the micropeptide in cells using an expression vector can be used as a positive control in these experiments. However, in some cases, this technique can be difficult for micropeptides because epitope design may be challenging for short peptides. As many micropeptides are localized to membranes, this further restricts potential epitope sites (45). Because some micropeptides are produced at low levels, it can be difficult for antibodies to interact with enough micropeptides to allow for detection (45). Therefore, the inability to detect the endogenous micropeptide using an antibody does not necessarily mean that the micropeptide is not expressed.

In the case that generating a specific antibody against the micropeptide proves difficult, another way to detect micropeptide levels within cells is epitope tagging. An epitope tag can be added to the micropeptide directly by inserting the gene of interest into a tagged expression vector. The tagged gene can then be expressed in a stable cell line via a lentiviral expression system. Usually, the tag is added to either the C or N terminus of the micropeptide of interest. A more effective way to determine if a micropeptide is translated in vivo is to use the CRISPR/Cas9 technology. This gene-editing approach allows an epitope tag to be inserted into the locus of the micropeptide via homology-directed repair. Although the efficiency of CRISPR/Cas9 is highly dependent on the cell line used, this strategy can be an effective way to determine the localization and endogenous expression of a micropeptide within a cell (61).

These techniques should be performed with caution because the addition of a tag to the N terminus could disrupt a localization signal. However, the approach is sometimes beneficial because it can increase protein solubility and proper folding (44, 47). Both constructs should be tested to determine if the tag disrupts the localization and function of the micropeptide. Because micropeptides are small and many have transmembrane domains, adding an epitope tag of equal or greater size has the potential to disrupt the charge, folding, and protein interactions of the micropeptide (45). Therefore, appropriate controls should be performed, and experimental design constraints should be considered to minimize unwanted effects.

It is important to note that the prediction algorithms for mRNA translation and methods of protein detection provide evidence in support of sORF translation; however, every translational event does not necessarily produce a functional protein. Further experimentation needs to be performed to determine if a micropeptide is functional.

POSTTRANSCRIPTIONAL REGULATION AND FUNCTIONS OF MICROPEPTIDES

Some micropeptides encoded by putative IncRNAs are conserved between numerous species ranging from prokaryotic bacteria to eukaryotes like Drosophila, mice, and humans. However, micropeptides can be cell type or tissue specific and help cells and tissues perform specialized functions. They can also aid in the regulation of diverse cellular processes, including, but not limited to, waste degradation, transcription, DNA repair, and signaling pathways (Fig. 1).

Translational regulation and degradation of putative IncRNAs. Translation of putative IncRNAs undergoes posttranscriptional regulation. In addition to being spliced and polyadenylated, IncRNA translation is controlled by regulatory proteins. An example of this is seen in the activation of eukaryotic initiation factor 4E (eIF4E) via phosphorylation by mammalian Ste20-like kinase (MST1) (19). Once active, eIF4E binds to the 5′ cap of a subset of mRNAs (eIF2-α, eukaryotic translation elongation factor 2 [eEF2], and CCT2) to inhibit their translation (19). This allows for the translation of the IncRNA linc00689, which codes for the stress- and tumor necrosis factor alpha (TNF-α)-activated ORF micropeptide (STORM), which competes with the SRP19, a ribonucleoprotein, for 7SL RNA, which may prevent proper localization of translation products to
Thus, the expression of some micropeptides can be induced under specific conditions.

Nonsense-mediated decay (NMD) is another way to perform quality control on mRNA (26). mRNAs with abnormal termination of translation or too-long 3' UTRs are subject to NMD (48, 49). This process can also occur with coding lncRNAs which are bound to ribosomes. Using ribosome profiling, Wery et al. found that actively translated lncRNA sORFs with long 3' UTRs were sensitive to NMD (26). Therefore, putative lncRNAs do undergo quality control processes like mRNAs.

**Cell division, differentiation, and development.** IncRNA-encoded micropeptides in bacteria have been found to regulate cell division. One such example is MciZ, a 40-amino-acid-long micropeptide (13). During cell division, the cell's machinery forms a divisome, a structure of 10 core proteins, including the tubulin homolog FtsZ, which anchor to the membrane and facilitates its contraction. To better understand the proteins interacting with FtsZ, Handler et al. used a yeast two-hybrid screen and found that MciZ directly binds to FtsZ in mother cells during sporulation (13). Similarly, IncRNAs have been shown to play an important role in cell movements during tissue morphogenesis in *Drosophila*. One of the best-studied micropeptide-encoding genes is *mille-pattes*. This gene was originally identified in *Tribolium* as coding for four micropeptides involved in segmentation (46). Its *Drosophila* homolog, *polished rice/tarsal-less*, was initially reported as an ncRNA (50, 51). It was later reidentified as a micropeptide-encoding gene by Kondo et al. and Galindo et al. concurrently (12, 52). Galindo et al.
found that sORFs from a tarsal-less (tal) gene, originally thought to be noncoding, code for small peptides that control gene expression and tarsal development (12). The authors found through rescue and ectopic expression experiments that the 11-amino-acid-long micropeptides are responsible for tal function. Because the sORF is translated, the lncRNA was eventually reclassified as an mRNA (16). Another example of a misannotated lncRNA is pgc (polar granule component). The Drosophila transcript was originally thought to be noncoding, and it was believed that pgc localized to polar granules to support normal germ line development (20). However, genetic analysis showed that this lncRNA contained a sORF which potentially codes for a micropeptide of 71 amino acids (20). More recent studies revealed that the lncRNA does encode the micropeptide Pgc. Hanyu-Nakamura et al. predicted that positive transcription elongation factor b (P-TEFb) was a target of Pgc because Pgc knockout cells were unable to inhibit the phosphorylation of RNAPII (14). Pgc inhibited the transcription of somatic genes in germ line cells by preventing P-TEFb from phosphorylating the carboxy-terminal domain of RNAPII to promote proper germ line development (14). IncRNA-encoded micropeptides have also been shown to regulate the function and growth of muscle cells in mammals, like mice. It has also been shown that the micropeptide minion, encoded by a putative lncRNA, works in tandem with the micropeptide myomixer to form syncytial myotubes and promote normal muscle development (27, 53). These findings suggest that many lncRNAs likely contain undiscovered sORFs which code for functional micropeptides important in regulating cell differentiation and development.

**Metabolism.** IncRNA-encoded micropeptides have also been shown to play important roles in calcium and mitochondrial metabolism. With regard to calcium metabolism, Magny et al. showed that sarcolamban (scl) codes for two micropeptides involved in cardiac contraction in Drosophila (17). Knockout experiments that removed this gene and nearby CG13283 and CG13282 genes caused flies to express more cardiac arrhythmias than wild-type flies. Localization experiments showed that the Scl micropeptides localize to dyadic space, which is important in ionic signaling. Therefore, these micropeptides are important for Ca\(^{2+}\) movement in cardiac cells (17). Predicted homologs of Scl are the vertebrate micropeptides phospholamban (PLN) and sarcolipin (SLN) (17).

Anderson et al. found that in human tissues, a muscle-specific lncRNA encodes the micropeptide myoregulin (MLN) (7). Fluorescence microscopy of murine tissues and coimmunoprecipitation experiments confirmed that MLN, along with the PLN and SLN, directly interacts with the membrane pump, SERCA, to inhibit its ability to transport Ca\(^{2+}\) into the sarcoplasmic reticulum (SR) of skeletal muscle cells, an organelle in muscle cells that stores calcium ions (7). Similar micropeptides have also been found in non-muscle tissue cells. The micropeptides endoregulin (ELN) and another-regulin (ALN) have also been shown to inhibit isoforms of SERCA (7). Additionally, a previously unrecognized sORF within a putative, muscle-specific lncRNA was also found to code for a micropeptide that localizes to the SR (21). Using the comparative genomics method, PhyloCSF, a dwarf open reading frame, Dworf, was discovered. Dworf encodes a micropeptide which enhances SERCA activity by controlling the effects of inhibitory peptides (21). These evidences suggest that some putative lncRNAs can encode micropeptides that are important for regulating vital cellular functions such as metabolism.

Micropeptides also regulate mitochondrial metabolism. One example is mitoregulin (Mtn), a 56-amino-acid-long micropeptide encoded by a putative lncRNA predominantly expressed in skeletal and cardiac muscle (54). Mtn localizes to the inner mitochondrial membrane (IMM), and binding assays indicated that the micropeptide binds to cardiolipin, a phospholipid important in the regulation of membrane integrity (54). Knockdown of Mtn in HeLa cells exhibited decreased mitochondrial respiration and increased the generation of reactive oxygen species (54). These findings were confirmed in CRISPR/Cas 9 Mtn knockout mice because fasted mice showed decreased fatty acid oxidation and increased Ca\(^{2+}\) retention (54). These micropeptides highlight...
the fundamental role of micropeptides in the production of cellular energy and homeostasis.

**Waste degradation.** Putative IncRNAs have also been shown to encode various micropeptides that localize to other cytoplasmic organelles, such as the lysosome. In the lysosome, micropeptides are involved in waste and toxin degradation. One such example is the *Drosophila* micropeptide hemotin (23). The gene hemotin has been found to encode an 88-amino-acid-long micropeptide involved in the regulation of endosomal maturation during phagocytosis (23). Further experimentation shows that Hemotin interacts with 14-3-3ζ proteins to inhibit the function of various phosphatidylinositol enzymes (23). Pueyo et al. used a bioinformatics pipeline and discovered that there is a human homolog to hemotin, stannin, a micropeptide which mediates organometallic toxicity (23). Pueyo et al. argued that these micropeptides could have played a role in the first microphage-like cells, thus suggesting that these sORF-encoded micropeptides may have been conserved over hundreds of millions of years (23). These studies underscore just how biologically important these micropeptides are.

Another example of a putative mammalian IncRNA encoding a lysosomal micropeptide is LINC00961, which codes for SPAR (small regulatory polypeptide of amino acid response), a micropeptide involved in amino acid signaling response (18). SPAR was found to negatively regulate mammalian target of rapamycin complex 1 (mTORC1) activation via association with v-ATPase to prevent muscle regeneration from occurring (18). These findings emphasize how many micropeptides are conserved across species and that their role in biological functions like waste degradation should not be overlooked.

**DNA repair and transcriptional regulation by micropeptides.** Putative IncRNAs have also been shown to code for micropeptides that localize within the nucleus. A micropeptide involved in nonhomologous end joining (NHEJ) is the modulator of retrovirus infection homolog 2 (MRI-2), a 69-amino-acid-long micropeptide (55). Using techniques like coimmunoprecipitation and an electrophoretic mobility shift assay, Slavoff et al. determined that MRI-2 directly binds to subunits of Ku (i.e., Ku70 and Ku80), a heterodimeric DNA end-binding protein complex involved in DNA repair via NHEJ (55). A double-stranded DNA ligation assay showed that MRI-2 stimulates double-strand breaks in the DNA via its interaction with Ku heterodimers (55).

IncRNA-encoded micropeptides can also regulate transcription. Cai et al. found that IncRNA-Six1-ORF2 encodes a micropeptide that works in tandem with IncRNA-Six1 to activate the *Six homeobox 1* (*Six1*) gene, a gene important for muscle growth (9). Dual-luciferase reporter assays designed to measure *Six1* promoter activity displayed increased luciferase activity when IncRNA-Six1-ORF2 or IncRNA-Six1 was overexpressed (9). When IncRNA-Six1 was knocked down, the luciferase activity decreased (9). This suggested that the micropeptide is most likely necessary for the *cis* mechanisms of IncRNA-Six1, thus demonstrating how micropeptides perform important roles in DNA repair and gene expression.

**Signaling.** In bacteria, micropeptides have been shown to regulate signaling kinases and signal transduction. One example is Sda, a 46-amino-acid-long micropeptide which inhibits the first kinase, KinA, in the histidine kinase signaling pathway for genes involved in sporulation in *Bacillus subtilis* (8). This pathway is normally activated under times of stress or starvation (8). *In vitro* assays confirmed that Sda directly binds to and inhibits KinA by inducing a conformational change in KinA’s dimerization/histidine-phosphotransfer (DHp) domain (10). Some putative IncRNAs have also been shown to code for micropeptides which are involved in extracellular signaling. One such micropeptide is Toddler, a secreted motogen in zebrafish (22). Loss-of-function experiments produced zebrafish without functional hearts and no blood circulation, thus exemplifying Toddler’s importance in the embryogenesis of zebrafish (22). To test whether Toddler interacts with the predicted APJ/apelin receptor, Pauli et al. used receptor internalization experiments to confirm that the apelin receptor is internalized and therefore activated when Toddler is bound (22). Activation of the APJ/apelin receptor
signaling pathway subsequently promotes gastrulation in zebrafish (22). Thus, even micropeptides can regulate important cellular processes like signaling pathways.

**Inflammation.** Putative IncRNAs also play a role in regulating inflammation. van Solingen et al. found that a putative IncRNA, IncVLDLR, encodes a 44-amino-acid-long micropeptide named inflammation-modulating micropeptide (IMP) (25). This putative IncRNA is known to be dysregulated in individuals with type II diabetes and cardiovascular disease (25). Using sequence homology, van Solingen et al. found that IMP exhibited high sequence homology with transcription factors involved in inflammation and immune response, like NF-κB and c-myb (25). THP1 macrophages overexpressing IMP exhibited higher levels of expression for inflammatory genes, like those for cytokines and chemokines, thus suggesting that IMP may interact with transcriptional coactivators to regulate genes involved in an inflammatory response (25). This study reveals how micropeptides can act as targets for therapeutic approaches for inflammatory diseases or even cancer.

**Cancer.** Putative IncRNAs have also been shown to play a key role in diseases like cancer. Huang et al. discovered that the putative IncRNA HOXB-AS3 encodes a micropeptide with a length of 53 amino acids (15). The HOXB-AS3 micropeptide was found to suppress colon cancer (CRC) cell line growth by competitively binding to hnRNP A1 (15). This interaction disrupts the ability of hnRNPA1 to mediate pyruvate kinase M (PKM) pre-mRNA splicing, thus decreasing the formation of the isoform pyruvate kinase M2 and suppressing glucose metabolism reprogramming in CRC cells (15). Huang et al. argued that this gives the HOXB-AS3 micropeptide tumor-suppressive properties (15).

Another putative IncRNA involved in tumor suppression is the IncRNA LINC01420 (11). This putative IncRNA was identified by D’Lima et al. as coding for NoBody, a micropeptide composed of 68 amino acids (11). NoBody interacts with proteins involved in mRNA decapping and decay by localizing to mRNA processing bodies (P-bodies) (11). P-bodies are highly enriched in proteins involved in NMD, like EDC4 (11). D’Lima et al. tested for NoBody’s role in mRNA decay and found that expression levels of NoBody were inversely proportional to the number of P-bodies and the steady-state levels of NMD substrates present in Calu-6 cells (11). Therefore, it is likely that NoBody negatively regulates mRNA decay and is inversely related to the expression levels of mutant oncogenes (11). These studies emphasize how micropeptides could provide new opportunities for cancer therapeutic targets.

**CIRCULAR RNAs ENCODING MICROPEPTIDES**

Alternative splicing can produce a variety of noncanonical processed transcripts. One example is circular RNAs (circRNAs). These transcripts are highly conserved, abundant products of alternative RNA splicing (62). circRNAs are composed of back-spliced exons, meaning that a splice donor and upstream splice acceptor are joined together, thus scrambling the order of exons (56). Because of its circular shape, a circRNA is unable to undergo further processing and lacks ends [it has neither a 5’ cap nor a poly(A) tail]. These transcripts were first discovered in plant viroids (57), and recently, mammalian transcripts have also been discovered (28, 29). Due to their nontraditional shape, circRNAs were not predicted to undergo the classical mechanism of translation; however, these transcripts have the potential to be protein coding. Pamudurti et al. (29) proposed that many circRNAs are translated by membrane-associated ribosomes at internal ribosome entry sites (IRESs). Supporting this, Legnini et al. found that the UTR of circ-ZNF609, a circRNA involved in myoblast proliferation, functioned as an IRES (28). The authors used CRISPR/Cas9 to insert a 3×FLAG tag into the ZNF609 locus and found that when circ-ZNF609 is endogenously overexpressed in murine ES cells, the transcript is translated into small peptides in a cap-independent manner (28). Another example of a translated circRNA is circMbl3 (29). Pamudurti et al. used MS to detect the presence of small endogenous peptides encoded by the circular RNAs from the muscleblind locus of Drosophila (29). Therefore, circRNAs have the potential to be translated in a cap- and splice-independent manner. Because the ends of circRNAs are protected from nuclease digestion, the transcripts exhibit a long
half-life, thus allowing for the production of significant amounts of small peptides (58). These alternatively spliced transcripts increase the complexity of protein-coding genes and provide new, potential therapeutic targets.

CONCLUSION

Overall, various tools have been developed to aid in the study of putative IncRNAs that are protein coding. Some IncRNA-encoded micropeptides have been demonstrated to be key regulators of vital cell functions like muscle development, metabolism, and cell signaling in vivo (Table 1). However, identifying and functionally characterizing these micropeptides are challenging. As depicted in Fig. 2, there are many steps involved in the process, and not every experiment is appropriate for every putative IncRNA and its encoded micropeptide. Variations to experimental design should be made appropriately, as a micropeptide may be too small for MS, or the CRISPR/Cas9 system may not work effectively in the desired cell line. Nonetheless, these techniques provide a comprehensive method for the identification of novel micropeptides encoded by putative IncRNAs.

Now that the study of micropeptides is well established, it is important to delve deeper into the functional analysis of these micropeptides. What would happen if IncRNA transcripts contained mutations? Future directions should investigate the effects of structural changes in micropeptides on the risk and origins of disease. Additional work should also be done to further develop exome sequencing. Currently, exome sequencing has been performed for known protein-coding exons within traditional mRNA transcripts. Now that it is widely accepted that putative IncRNAs can be protein coding, exome sequencing should be updated to include micropeptides. Because the distinction between coding and noncoding can be ambiguous, it is also important to determine if the genes encoding micropeptides are bifunctional (59). The first ncRNA identified as both coding and noncoding was the steroid RNA activator (SRA), a functional ncRNA that also encodes an endogenous protein (60). Like SRA, IncRNAs have also been identified as bifunctional. LncRNA-Six1 is a good example of a bifunctional IncRNA that regulates the Six1 gene in cis and encodes a micropeptide (9). Thus, it is important to confirm that the micropeptides, and not the RNA transcripts, are producing the observed phenotypes. Considering how important these micropeptides are to fundamental cellular processes, future research should focus on studying the

---

**TABLE 1** Characteristics of various noncoding RNA-encoded micropeptides shown to be endogenously expressed

<table>
<thead>
<tr>
<th>Gene</th>
<th>Micropeptide</th>
<th>Putative ncRNA class</th>
<th>Species</th>
<th>Length (aa*</th>
<th>Function</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENSG0000027877</td>
<td>Myoregulin</td>
<td>IncRNA</td>
<td>Human</td>
<td>46</td>
<td>Muscle development</td>
</tr>
<tr>
<td>ENSG00000175701</td>
<td>Mtn</td>
<td>IncRNA</td>
<td>Human</td>
<td>56</td>
<td>Metabolism</td>
</tr>
<tr>
<td>ENSMUSG00000103476</td>
<td>DWORF</td>
<td>IncRNA</td>
<td>Mouse</td>
<td>34</td>
<td>Muscle contraction</td>
</tr>
<tr>
<td>ENSDARG00000094729</td>
<td>Toddler</td>
<td>IncRNA</td>
<td>Zebrafish</td>
<td>58</td>
<td>Embryonic signal</td>
</tr>
<tr>
<td>BSU23616</td>
<td>MciZ</td>
<td>IncRNA</td>
<td>B. subtilis</td>
<td>40</td>
<td>Cell division</td>
</tr>
<tr>
<td>BSU25690</td>
<td>Sda</td>
<td>IncRNA</td>
<td>B. subtilis</td>
<td>46</td>
<td>Sporulation</td>
</tr>
<tr>
<td>ENSG00000180357</td>
<td>circ-ZNF609</td>
<td>circRNA</td>
<td>Human</td>
<td>250</td>
<td>Myogenesis</td>
</tr>
</tbody>
</table>

*aa, amino acids.

---

**FIG 2** Representative workflow for identifying a micropeptide encoded by a putative IncRNA.
coding potential of putative lncRNAs and identifying and classifying lncRNA-encoded micropeptides. Further identification of the biological functions of micropeptides will likely elucidate the key roles of micropeptides in cellular functioning and the pathology of diseases.

ACKNOWLEDGMENTS

This research was supported by the Intramural Research Program (C.C.R.H. and A.L.) of the National Cancer Institute (NCI), Center for Cancer Research (CCR), NIH.

We thank Emily Dangelmaier from the Lal lab (NCI, NIH) for her comments on the manuscript. We also thank the NIH Medical Arts section for helping generate figures. We apologize to those whose work we were unable to cite due to space limitations.

REFERENCES


7. Anderson DM, Makarewich CA, Anderson KM, Shelton JM, Bezprozvan-


12. Galindo MI, Pueyo JI, Fouix S, Bishop SA, Couso JP. 2007. Peptides encoded by short ORFs control development and define a new eukary-


